

2024年7月8日 星期四

2024年6月7日星期四4日

2019年EAT-Lancet Planetary Health Diet PHD

PHD

PHD 1

PHD 3 1

2024年7月8日 星期四

PHD The American Journal of Clinical Nutrition

1 PHD

Adherence to a planetary health diet, genetic susceptibility, and incident cardiovascular disease: a prospective cohort study from the UK Biobank

<https://www.sciencedirect.com/science/article/abs/pii/S0002916524005860>

UK PHD CVD (IHD) (AF)

PHD Nature Aging

PHD 3 PHD

Adherence to the planetary health diet and cognitive decline: findings from the ELSA-Brasil study

<https://www.nature.com/articles/s43587-024-00666-4>

50 1 PHD

PHD

PHD PHD

Gut

Gut microbiota signatures of vulnerability to food addiction in mice and humans

<https://gut.bmj.com/content/early/2024/05/17/gutjnl-2023-33144.5.long>

